

Leadership Exposure Audit™

Purpose

Leaders are shaped by what they consistently see, hear, and absorb. This audit helps leaders evaluate the influences shaping their leadership thinking.

Evaluation Categories

Information Exposure

- What books, media, and voices are shaping my thinking?
- Are these influences strengthening or weakening leadership discipline?

Mentorship Exposure

- Who speaks into my leadership decisions?
- Do I actively seek wise counsel?

Cultural Exposure

- What environments influence my leadership worldview?
- Are these environments healthy or corrosive?

Spiritual Exposure

- What spiritual disciplines anchor my leadership life?
- Do I regularly pursue reflection and wisdom?

Audit Reflection

After completing this evaluation, leaders should identify:

- Harmful influences to reduce
- Positive influences to strengthen
- Mentorship relationships to cultivate